

McDonalds Ashburton 6 Hour Mountain Bike Race – Sunday 13 May

RACE CATEGORIES

Riders complete laps of a 10km circuit (approx.). Track is 85% undulating singletrack with bermed corners.

A. Solo (Limited to 40 riders): Men, Women (junior & veteran classes to be determined on the day). One rider on the course over the 6 hours.

B. Teams (Limited to 100 teams):

- Men - up to four male team riders
- Women - up to four female team riders
- Mixed - up to four team riders with at least one female and one male
- Family - up to four team riders who are immediate family – we want to encourage mum, dad and the kids!
- School - up to four team members (mixed or all boys or all girls) with two out of three or three out of four team members who are from the **same school**. Age category (Year 7-8 or Year 9-13) will be determined by the eldest member of the team. Please use your school name as part of your team name.

One team member on the course at a time – numbers are changed between riders at the end of each lap.

Age limit - riders must be 8 years or older and must be able to ride the track by themselves (no parents guiding them). If you have a younger child who is familiar with the track and wished to race - please let us know.

REGISTRATION, FEES & PAYMENT DETAILS

Online Registration: Online registration opens in April (keep an eye on our facebook page and website) and closes on Tuesday 8 May at 10pm or earlier if sold out.

Entry fees: 18 & over - \$50 per rider, 17 & under & school teams - \$25 per rider - **\$5 discount for Mid Canterbury MTB Club members**

Entries close 8 May at 10pm, or sooner if sold out.

Payment: DIRECT DEPOSIT into our new bank account number 06-0837-0334774-00 (ANZ, MC MTB Club Inc). Please put team/solo name as a reference.

REFUNDS: A part refund will be given up till 7 May. No refund will be given after this time.

POSTPONEMENT/CANCELLATION: If it is deemed that the health and safety of riders would be put at undue risk due to the weather the race will be postponed. An announcement will be made via email, club website and Facebook by 7:00am on the morning of the race or before if the forecast looks bad. In the event of a cancellation we will refund up to 90% of the entry fee.

RACE DAY DETAILS

Where: Allenton Clubrooms, Melrose Rd, Ashburton

Registration: 8:00-9:30am

ALL SITES MUST BE SET UP BY 9.30am. NO VEHICLE ACCESS AFTER THIS TIME!!

Briefing: 9.45am

Race start: 10:00am

Race finish: 4:00pm

Prize giving: 4:30pm approx.

RACE VILLAGE

Each team will be allocated a race site on arrival. Sites will be allocated as you arrive and will be done by team name. Please make sure that ALL members of your team know your team name before they come to the ground. Sites are 10m x 5m and teams are permitted one vehicle per site. Solo riders may have to share a site depending on space. **All vehicles must be on site by 9.30am sharp – no vehicle will be allowed into or out of the race village between 9.30am and 4.15 pm.** Additional vehicles will need to be parked in the designated area next to the Allenton club rooms grounds. You are welcome to bring tents, gazebos, deck chairs, BBQs and chilli bins etc. If you are wanting to be next to a particular team you need to ensure that you arrive at the grounds together - sites will not be allocated prior to race day.

Food & drink – We have coffee and food available from Pop Up Playground who do Amazing L'affare espresso coffee, Hot chocolate, Cold drinks, Fresh fruit, Giant sweet and savoury muffins, delicious range of slices, keep your hands warm soup, Crunchy tasty wedges with sweet chili sauce and sour cream, hot chips and hotdogs. We also have Pita Pit Mobile South Island Unit - so make sure you bring along some money for some delicious snacks! Water will be available, but it is recommended you bring enough for your own requirements.

Mechanic – Skinners Saws & Mowers will provide and onsite mechanics service - were you can also purchase tubes etc –Note this will be CASH ONLY.

Security - it is up to each team and rider to ensure your belongings are safe. Race organisers and the Mid Canterbury Mountain Bike Club take no responsibility for the security of competitor's belonging.

NO DOGS ALLOWED in the village.

REGISTRATION: 8 - 9.30am

Each solo rider and team will be issued with ONE race number (this is your timing chip that needs to be changed between riders at the end of each lap). Teams will be issued with plastic sleeves to hold their team number.

Race Briefing: 9.45am

ALL competitors **must** attend. This is when any course changes will be announced, and the use of race numbers & rules will be explained further.

RACING

The race track is part of the Ashburton River Trail network and is made up of mostly purpose built single track, with plenty of bermed corners. The track is flat to undulating and requires a reasonable level of fitness when ridden at race pace. Laps take between 22 to 38 minutes, and each team member must complete at least one lap.

To begin the race, the first riders complete a circuit around the grounds before crossing the start line (to initiate the timing). Riders then enter the village and continue across the fields and onto the track. Teams swap numbers and riders at their designated site in the village after each lap.



Timing - will be timed electronically by an outside contractor. Teams will be issued one race number which is your timing chip and your 'team baton'. Each team member is provided a plastic sleeve to attach to their handle bars and the number is swapped between sleeves during the race. It is each team's responsibility to ensure their race number is on the front of the bike of the rider on the course during each lap. DO NOT BEND, FOLD or LOSE THESE NUMBERS. Solo riders attach their race plate directly to their bike. Cable ties will be provided. Race plates can be taken home at the end of the race.

Spot prizes – spot prizes will be given out randomly during the day.

Results - these will be updated during the day and displayed outside the main tent.

First Aid/assistance - first aid will be available onsite through St John. If you require assistance or need to report an injured rider, please report it to a marshal or an official at the main tent. Emergency numbers will also be displayed at key points along the track. Roving marshals will also be on the trail.

For further information about racing see the “Race Rules” section below.

RACE RULES

- Race Briefing - all riders must attend the race briefing onsite on the morning of the event.
- An approved cycle helmet must be worn at all times when riding either on the course or within the event area.
- Race Numbers - must be displayed on the front of a rider's bike in the number holder provided. Numbers can only be swapped between team members, from one bike to another, AT YOUR SITE.
- Abusive Behaviour - any physical or verbal abuse will not be tolerated and will result in a time penalty or disqualification.

- Passing Etiquette – riders must pass on the right and let the rider know they are overtaking - call 'coming through'. If more than one rider is passing call 'riders coming through'. If you are being passed or have riders behind you, move to the left and let the riders through when there is an opportunity. While the track is mostly single track there is room if slower riders pull to the left. Deliberately blocking the track to prevent other riders passing will not be permitted.
- Safety - No portable music devices with earphone used whilst riding.
- Mechanical - if you experience mechanical problems on the track you can continue to push your bike along the track route and through the timekeeper tent (your lap will be counted) or take the shortest route back to your team and get a new bike or send a new rider out **without** going through the timing tent (your lap will not be counted).
- Assisting with an Injured Rider - in the first instance you must stop to offer an injured rider assistance. If this impacts severely on your lap time, then please see an official in the main tent regarding amendment.
- Shortcuts - any rider caught taking a shortcut will be disqualified and if a team rider, that team will also incur lap penalties.
- No e-bikes allowed to compete.
- Protest - any protests must be lodged with the Race Director up to 30 minutes before & 5 minutes after the race finishes. His/her decision is final.

RACE FINISH & PRIZE GIVING

Riders can start packing up their site once the race has finished. Please be considerate of riders still on the course. No vehicle may leave the site before 4.15pm. Please remove all rubbish. Prize giving will be about 4:30pm.

SPECTATORS

Spectators can view the race from the village on Melrose Road, the new skills area on Dobson Street West, and under the railway bridge on the North-West side of the Ashburton Bridge. Please leave your dogs at home. The track will be closed to the public during the event.

FEES & PAYMENT DETAILS

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\$5 Discount to Mid Canterbury MTB Club members!

Payment: DIRECT DEPOSIT into our new bank account number 06-0837-0334774-00 (ANZ, MC MTB Club Inc). Please put team/solo name as a reference.

REFUNDS: A part refund will be given up till 7 May. No refund will be given after this time.

Please make sure your payment appears in our bank account by Friday 11th please!!

CANCELLATION: If it is deemed that the health and safety of riders would be put at undue risk due to the weather a cancellation announcement will be made via email, club website and Facebook by 8:00pm on the night before the race. In the event of a cancellation the race will be postponed.

Email any queries or registration changes to: ashburton6hrMTB@gmail.com